Original article

Statin and resveratrol in combination induces cardioprotection against myocardial infarction in hypercholesterolemic rat

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Abstract

Hypercholesterolemia (HC) is a common health problem that significantly increases risk of cardiovascular disease. Both statin (S) and resveratrol (R) demonstrated cardioprotection through nitric oxide-dependent mechanism. Therefore, the present study was undertaken to determine whether combination therapy with statin and resveratrol is more cardioprotective than individual treatment groups in ischemic rat heart model. The rats were fed with 2% high cholesterol diet and after 8 weeks of high cholesterol diet the animals were treated with statin (1 mg/kg bw/day) and resveratrol (20 mg/kg bw/day) for 2 weeks. The rats were assigned to: (1) Control (C), (2) HC, (3) HCR, (4) HCS and (5) HCRS. The hearts, subjected to 30-min global ischemia followed by 120-min reperfusion were used as experimental model. The left ventricular functional recovery (+dp/dt max) was found to be significantly better in the HCRS (1926±43), HCR (1556±65) and HCS (1635±40) compared to HC group (1127±16). The infarct sizes in the HCRS, HCS and HCR groups were 37±3.6, 43±3.3 and 44±4.2 respectively compared to 53±4.6 in HC. The lipid level was found to be decreased in all the treatment groups when compared to HC more significantly in HCS and HCRS groups when compared to HCR. Increased phosphorylation of Akt and eNOS was also observed in all the treatment groups resulting in decreased extent of cardiomyocyte apoptosis but the extent of reduction in apoptosis was more significant in HCRS group compared to all other groups. In vivo rat myocardial infarction (MI) model subjected to 1 week of permanent left descending coronary artery (LAD) occlusion documented increased capillary density in HCR and HCRS treated group when compared to HCS treatment group. We also documented increased β-catenin translocation and increased VEGF mRNA expression in all treatment groups. Thus, we conclude that the acute as well as chronic protection afforded by combination treatment with statin and resveratrol may be due to pro-angiogenic, anti-hyperlipidemic and anti-apoptotic effects and long-term effects may be caused by increased neo-vascularization of the MI zone leading to less ventricular remodeling.

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Keywords: Statin; Resveratrol; Cholesterol; Myocardium; Akt; eNOS; VEGF; β-Catenin

1. Introduction

Elevated levels of total cholesterol (hypercholesterolemia) and low-density lipoprotein cholesterol (LDL-C) are well-recognized risk factors of coronary heart disease (CHD) as they have been implicated in the progression of plaque formation, endothelial dysfunction and oxidative stress in CHD [1,2]. Promotion of functional collateral formation in such CHD patients is an exciting therapeutic strategy, which is popularly called as therapeutic angiogenesis, to minimize cell death associated with severe ischemia.

Recent evidences show the benefits of reducing LDL-C and cholesterol is associated with a reduced risk of CHD [3]. HMG-CoA inhibitors (Statins) therapy has been shown as the most effective means of reducing cholesterol levels thereby inhibiting
the progression of atherosclerosis and reducing the incidence of CHD. Besides the cholesterol-lowering effect, statins have been shown to improve the endothelial relaxation, an antihypertensive effect and beneficial actions on cardiac function [4]. Statins were found to protect the ischemic–reperfused myocardium in normocholesterolemic rats via an endothelial nitric oxide synthase (eNOS)-dependent manner [5]. However, monotherapy with statins in patients with hypercholesterolemia has shown fewer efficacies concerning the recurrences of CHD. Thus the “Holy grails of current research” includes the design of rational integrated treatment regimens that act by multiple mechanisms to lower cholesterol, and reduce the CHD. In this context, we worked on a combination therapy of statin with resveratrol, which is a polyphenolic compound, and naturally occurring phytoalexin with many biological activities including anti-oxidant, anti-platelet, angiogenic and anti-inflammatory function [6]. The beneficial effect of resveratrol on coronary artery disease may be due to its ability to retard the progression of early atherosclerotic lesions. Our previous reports demonstrated significant reduction in oxidative stress and upregulation of inducible nitric oxide synthase (iNOS) mRNA expression leading to the reduction of cardiomyocyte apoptosis by resveratrol [7]. Recent report from our laboratory has also documented the cardioprotective effect of resveratrol in vivo as well as in vitro which operates through the increased induction of thioredoxin (Trx-1), heme oxygenase (HO-1) and vascular endothelial growth factor (VEGF). Moreover, we have recently demonstrated that β-catenin, a critical mediator during development and angiogenesis, is translocated into the nucleus by the phosphorylation of GSK-3β through activation of Akt and thus decrease the apoptotic cardiomyocytes by increasing the expression of VEGF, Bel-2 and survivin expression in in vivo rat MI model which is mediated through phosphorylation of Akt [8]. Therefore, in this study, we investigated the effects of hypercholesterolemia on the functional and angiogenic parameters in ischemic–reperfused (HC) myocardium. We have also designed our study to examine the effects of statin, resveratrol and resveratrol and statin in combination on ischemic–reperfused myocardium in the HC rats. Our results documented significant improvement in lipid profile, cardiac functions, decreased infarct size and cardiomyocyte apoptosis in a rat ischemic–reperfused model along with increased angiogenesis and significant collateral vessel formation in a rat MI model under combination therapy. Hence this study provides a rationale for the combination therapy using statin and resveratrol in acquiring acute and chronic cardioprotection after myocardial infarction which is not possible with monotherapy.

2. Materials and methods

2.1. Animals

All animals used in the study received human care in compliance with the principles of laboratory animal care formulated by the National Society for Medical Research and guide for the care and use of Laboratory Animals published by NIH.

2.2. Experimental design

In the present study male Sprague-Dawley rats weighing 250 g were fed with 2% cholesterol diet (CD) for 8 weeks. After CD diet animals were treated with resveratrol (Sigma) (20 mg/kg bw/day) and pravastatin (which was a generous gift from Sankyo Pharmaceutical Co.) (1 mg/kg bw/day) for 2 weeks orally. The rats were randomized into five groups. (1) Control (C), (2) Hypercholesterolemic HC, (3) Hypercholesterolemia+Resveratrol (HCR), (4) Hypercholesterolemia+Statin (HCS), (5) Hypercholesterolemia+Resveratrol+Statin (HCRS). The Langendorff’s working perfused rat hearts, subjected to 30 min of global ischemia followed by 120-min reperfusion and the in vivo myocardial infarction model subjected to 7 days of permanent LAD occlusion were used.

2.3. Determination of lipid levels

Blood was collected from the jugular vein and transferred into heparinized tubes and the plasma was separated after centrifugation. The cholesterol, triglycerides, HDL-C levels were measured quantitatively by using kits for total cholesterol, triglycerides and HDL-C (Wako Diagnostics, Richmond, VA 23227, USA) according to the kit protocol. LDL-C was measured by using Friedewald equation ([LDL-cholesterol]=[Total cholesterol]−[HDL-cholesterol]−([TG]/5)).

2.4. Isolated working heart

The rats were first anesthetized with sodium pentobarbital (80 mg/kg bw i.p.) and anticoagulated with heparin (500 U/kg bw i.p.). The heart was excised and immediately immersed in ice-cold perfusion buffer. The aorta was cannulated and the heart was perfused with Krebs–Henseleit bicarbonate (KHB) buffer in the Langendorff mode through the aortic cannula at a perfusion pressure of 65 mm Hg. After 10 min of retrograde perfusion, the heart was switched to antegrade perfusion mode during which KHB buffer enters through the cannulated left atrium at a pressure equivalent to 10 cm of water, and passes to the left ventricle from which it was spontaneously ejected through the aortic cannula against a pressure equivalent to 100 cm of water. Control measurements of heart rate, coronary flow, aortic flow, left ventricular developed pressure (LVEDP), and derivative of pressure/diastolic of time (dp/dtmax) were recorded before ischemia and during and 2 h of reperfusion at time intervals of 30, 60, 90 and 120 min of reperfusion [9]. Aortic pressure was measured using a pressure transducer (Micro-Med, Inc., USA) connected to a side arm of the aortic cannula, the signal was amplified using a Heart Performance Analyzer Model 400 (Micro-Med, Inc., USA). Heart rate (HR), left ventricular developed pressure (LVEDP) and the first derivative of developed pressure (dp/dtmax) were all derived or calculated from the continuously obtained pressure signal. Aortic flow (AF) was measured using a calibrated flow meter (Gilmont Instrument Inc., Barrington, IL, USA) and coronary...
flow (CF) was measured by timed collection of the coronary effluent dripping from the heart.

2.5. Infarct size

At the end of reperfusion, 1% (W/V) solution of triphenyl tetrazolium chloride in phosphate buffer was infused into aortic cannula for 20 min at 37 °C. The hearts were excised and stored at -70 °C. Sections of frozen heart were fixed in 4% para-formaldehyde, placed between two glass slides and digitally imaged using Epson Scanner. To quantitate the areas of infarct in pixels, NIH image software was used. The infarct size was quantified and expressed in pixels [10].

2.6. Cardiomyocyte cell apoptosis

The rat hearts were harvested at pre-determined times as per the protocol for paraffin-embedded tissue sectioning. Double-fluorescent immunohistochemical determination of cardiomyocyte apoptosis was performed with Terminal dUTP Nick End Labeling (TUNEL) assay with deparaffinized sections of 4 μm thick with an Apop Tag Kit (Oncor Inc.) according to kit protocol [10] using an antibody against α-sarcomeric actin (sigma). The number of TUNEL-positive cardiomyocytes was counted on 100 high power fields.

2.7. Western blot analysis for phosphorylated eNOS and AKT

To quantify the abundance of the p-eNOS and p-AKT, we performed standard SDS/PAGE Western blot technique. Heart tissues from each treatment group were homogenized and suspended (50 mg/ml) in sample buffer [10 mM HEPES, pH 7.3, sucrose 11.5%, EDTA 1 mM, EGTA 1 mM, diisopropylfluorophosphate (DFP), pepstatin A 0.7 mg/ml, leupeptin 10 mg/ml, aprotinin 2 mg/ml]. The homogenates were centrifuged at 3000 rpm and the cytosolic fractions were used for protein analysis. The total protein concentration was determined using BCA (bicinchoninic acid) protein assay kit (Pierce, Rockville, IL). The cytosolic proteins were run on polyacrylamide electrophoretic gels (SDS-PAGE) typically using 7% and 10% (acylamide to bis ratios). The separated proteins were electrophoretically transferred to Immobilon-P membranes (Millipore Corp., Bedford, MA) using a semidry transfer system (Bio-Rad, Hercules, CA). Protein standards (Bio-Rad) were run in each gel. The blots were blocked in Tris-buffered saline/Tween-20 (TBS-T containing 20 mM Tris base, pH 7.6, 137 mM NaCl, 0.1% Tween-20) supplemented with 5% (wt/vol) nonfat dry milk for 1 h; blots were incubated overnight at 4 °C with the various primary antibodies. The antibodies were purchased from cell signaling laboratories and were used at manufacturer-recommended dilutions. Membranes were washed three times in TBS-T before incubation for 1 h with horseradish peroxidase-conjugated secondary antibody diluted 1:2000 in TBS-T and 5% (wt/vol) nonfat dry milk. Following incubation membranes were washed three times with TBS-T for 10 min each, blots were treated with Enhanced Chemi-Luminescence (ECL from Amersham) reagents and the required proteins were detected by autoradiography for variable time with Kodak X-Omat film [11].

2.8. Surgical procedure

Male Sprague Dawley rats were anesthetized with ketamine HCl (100 mg/kg bw i.p.) and xylazine (10 mg/kg bw i.p.). Cefazolin (25 mg/kg bw i.p.) was administered as preoperative antibiotic cover. After tracheotomy and initiation of ventilation (Harvard Apparatus Rodent ventilator: Model 683), the heart was exposed through a left lateral thoracotomy (4th intercostal space). A 6–0 polypropylene suture was passed with tapered needle under the left anterior descending coronary artery (LAD) just below the tip of the left auricle, and a non-traumatic occluder was applied on the artery. Myocardial infarction was produced by permanent LAD occlusion. After completion of all surgical protocols, the chest wall was closed. After application of buprenorphine (0.1 mg/kg s.c.) and weaning from the respirator, the rats were placed on a heating pad while recovering from anesthesia.

2.9. Immunohistochemistry for β-catenin translocation and capillary density

The paraffin-embedded sections from ex-vivo hearts were used to clarify localization of β-catenin. Myocardial sections were analyzed for the reactivity with 1:500 diluted monoclonal antibody against β-catenin (BD Transduction Labs, Lexington, KY). Bound antibody was detected with the Vectastain ABC kit (Vector Laboratories, Burlingame, CA) and visualized with DAB (Sigma). Following 7 days of the surgical procedure as mentioned above, the rats were sacrificed and the hearts were removed and paraffin-embedded sections were made to study capillary density (CD-31). The sections were stained for capillary density using PECAM-1 primary antibody (Santa Cruz) and bound antibody was detected with Vectastain ABC kit (Vector Laboratories, Burlingame, CA) and visualized with DAB (Sigma) [12]. At 400× magnification pictures were captured and used for CD-31 counting. For the quantitative measurement, the number of CD-31 was counted on area at risk from the endocardium through the epicardium of the mid portion of the left ventricular free wall. Counts of capillary density per mm² were obtained after superimposing a calibrated morphometric grid on each digital image using Adobe Photoshop Software.

2.10. Quantitative real-time RT-PCR

Total RNA was isolated from left ventricular tissue of the rats subjected to ischemia–reperfusion using QIagen Kit according to the kit protocol. Real-time RT-PCR was performed on 1 μg total RNA by using the iCycler IQ detection system (Biorad, Hercules, CA) by Syber Green I using β-actin as
3. Results

3.1. Effect of resveratrol and statin on lipid levels

The levels of cholesterol, triglycerides, LDL-C were found to be increased and HDL-C level was found to be decreased in HC group when compared to control. Treatment with resveratrol significantly lowered the cholesterol, triglycerides, LDL-C levels when compared to HC group. The lipid lowering ability was more prominent in HCS and HCRS (Table 1) than in HCR group.

3.2. Effect of resveratrol and statin on cardiac functions

There was no significant difference at baseline level in cardiac functions (LVDP (mm Hg), heart rate (beat/min), dP/dt (mm Hg/s), coronary flow (ml/min) and aortic flow (ml/min)) in treatment groups when compared with HC and control hearts. Following ischemia, upon reperfusion, cardiac function was found to be more significant in all the treatment groups when compared to HC group. Thus significant increase in dP/dt_{max} and aortic flow were observed during reperfusion in resveratrol, statin and combination groups when compared to HC group. Following 120 min of reperfusion, postischemic values of dP/dt_{max} were significantly increased in all treatment groups when compared to HC group (1127.83±16.10) [HCRS (1926.83±43.24), HCR (1556.66±65.47), HCS group (1635.66±40.36)]. Similarly, aortic flow significantly increased HCR, HCS and in HCRS groups when compared to HC group. In spite of significant functional recovery in HCR and HCS groups, the HCRS group was found to demonstrate more functional recovery when compared to individual treatment groups (monotherapy). Therefore, as expected, resveratrol and statin showed significant recovery of postischemic myocardial function (Figs. 1A-E) as compared to HC. However, with careful observation in this case combination therapy looks more promising compared to the individual treatment groups which in our view is quite reasonable.

3.3. Effect of resveratrol and statin on infarct size

Hearts subjected to 30 min of global ischemia followed by a 2-h reperfusion has shown significant increase in infarct size (percent of infarct vs. total area at risk) in the HC group when compared to resveratrol, statin and combination groups. The values were significantly reduced in HCRS, HCS and HCR treatment (37±3.6, 43±3.3 and 44±4.2) as compared to the HC group (53.74±4.6) (Fig. 2). To be more accurate combination group was found to be more effective (37±3.6) in reducing infarct when compared to statin (43±3.3) and resveratrol (44±4.2) group individually.

3.4. Effect of resveratrol and statin on extent of cardiomyocyte apoptosis

There was a significant decrease in the extent of cardiomyocyte apoptosis in HCR, HCS and HCRS groups when compared to HC group (Figs. 3A and B). The decrease was more significant in the combination group as expected when compared to individual resveratrol and statin treatment. Reduced apoptosis in resveratrol and statin groups might be due to the activation of survival pathway as evidenced by the extent of phosphorylation of Akt and eNOS.

Again, statin along with resveratrol achieved maximal therapeutic benefits as evidenced by significant protection of cardiomyocyte compared to monotherapy with statin or resveratrol.

3.5. Effect of resveratrol and statin on the phosphorylation of AKT and eNOS

Phosphorylated protein levels of Akt and eNOS were found to be decreased in HC group when compared to control. Resveratrol and statin treatment significantly enhances the phosphorylation of Akt and e-NOS in all the treatment groups compared to the HC group (Figs. 4A and B). The phosphorylation was more significant in combination group when compared to individual treatment groups.

3.6. Effect of resveratrol and statin on β-catenin translocation

Significant nuclear translocation of β-catenin was observed in HCR, HCS and HCRS groups when compared to HC group after ischemia and reperfusion. The nuclear translocation of β-catenin was found to be more significant in HCR group when

Table 1
Effect of resveratrol and statin on lipid levels

<table>
<thead>
<tr>
<th>S. No</th>
<th>Groups</th>
<th>Cholesterol (mg/dl)</th>
<th>Triglycerides (mg/dl)</th>
<th>HDL-C (mg/dl)</th>
<th>LDL-C (mg/dl)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Control</td>
<td>86.34±3.38</td>
<td>78.83±2.34</td>
<td>41.67±3.62</td>
<td>29.00±3.21</td>
</tr>
<tr>
<td>2</td>
<td>HC</td>
<td>142.83±3.16*</td>
<td>150.67±3.14*</td>
<td>26.65±2.30*</td>
<td>86.03±4.70*</td>
</tr>
<tr>
<td>3</td>
<td>HCR</td>
<td>101.16±3.18*</td>
<td>96.67±2.74*</td>
<td>34.00±1.68*</td>
<td>47.83±2.93*</td>
</tr>
<tr>
<td>4</td>
<td>HCS</td>
<td>94.16±7.14*</td>
<td>92.83±2.48*</td>
<td>41.83±2.31*</td>
<td>33.76±4.21*</td>
</tr>
<tr>
<td>5</td>
<td>HCRS</td>
<td>87.66±4.22*</td>
<td>85.00±2.82*</td>
<td>42.00±3.22*</td>
<td>28.67±2.34*</td>
</tr>
</tbody>
</table>

Results are expressed as Means±SD. *p<0.05, compared with group 1; †p<0.05, compared with group 2; ‡p<0.05, compared with group 3; ′p<0.05, compared with group 4.
Fig. 1. (A–E) Postischemic ventricular recovery of resveratrol and statin treatment in hypercholesterol rats compared to control. The results (LVDP—A, heart rate—B, +dp/dt—C, aortic flow—D, coronary flow—E) are shown in six animals per group. *P<0.05 compared to control, †P<0.05 compared to hypercholesterol group, ‡P<0.05 compared to HCRS group. Blank bar represents control group. Dark upward diagonal bars represent Hypercholeseterol group. Dashed horizontal bars represent resveratrol treated group. Black bar represents statin treated group. Dark horizontal lines represent combination group.

Fig. 2. Infarct size of the hearts, expressed as the percentage of the area at risk in rat myocardium subjected to 30 min of ischemia followed by 2 h of reperfusion. Results are expressed as mean±S.d. error of six hearts per group. *P<0.05 compared with control, †P<0.05 compared with HC group, ‡P<0.05 compared with HCRS group.

compared to HCS and HCRS groups (Fig. 5). However, in combination group (HCRS) there is a moderate decrease in β-catenin translocation compared to HCR but it was significantly increased compared to the statin treated group.

3.7. Effect of resveratrol and statin on mRNA levels of VEGF expression

Real-time RT-PCR demonstrated increased expression of VEGF mRNA in HC (1.15-fold), HCR (1.86-fold), HCS (1.3-fold) and HCRS (1.5-fold) compared to control animals (Fig. 6) indicating that mRNA level of VEGF expression is correlated with the extent of nuclear translocation of β-catenin. The resveratrol group has shown more expression of VEGF demonstrating the angiogenic property of resveratrol. Though statin and combination groups have shown increased expression of VEGF when compared to control and HC group, it was not significant like resveratrol. Again as other results, combination group documented more VEGF expression compared to statin therapy alone.
3.8. Effect of resveratrol and statin on the extent of capillary density (CD-31)

At 400× magnification, 8 non-overlapping random fields, each selected from non-infarcted risk area were used for CD-31 counting. Four sections from each heart were examined. Increased capillary density was found in all the treatment groups when compared to control and HC. The increase was more prominent in HCR treated group when compared to HCS and HCRS group and correlated with the VEGF expression levels thus supporting the notion that the increased CD-31 in resveratrol treatment might be due to the angiogenic property of resveratrol (Fig. 7). The combination therapy demonstrated significantly increased capillary density compared to statin but not compared to resveratrol.

4. Discussion

The present study demonstrates, for the first time, that high cholesterol diet-induced myocardial complications such as increased infarct size, extent of apoptosis, impaired angiogenesis could be controlled aggressively with dietary resveratrol supplementation. In addition we are able to demonstrate that statin along with resveratrol; a combination therapy is more beneficial to HC myocardium compared to statin alone. One may speculate that rat may not be a proper model to test the effects of HC in vivo. In our present study, however, serum cholesterol level was almost double in HC rats compared to control. Moreover, several previous studies documented that rat models of HC represented and demonstrated alterations in vascular functions and microvascular reactivity to vasoactive substances [13,14].

Fig. 5. Representative immunohistochemical staining for β-catenin. Nuclei were counterstained with hematoxylin. Arrows indicate nuclear translocation of β-catenin between the comparative groups.
Hypercholesterolemia refers to levels of cholesterol in the blood that are normally higher than normal individual. Overwhelming evidence indicates that hypercholesterolemia and other lipid abnormalities provide an important modifiable risk factor for coronary heart disease (CHD). Risk of CHD increases progressively with higher levels of low-density lipoprotein (LDL) cholesterol while higher levels of high-density lipoprotein (HDL) cholesterol reduces the risk significantly. Furthermore, CHD is also found to be associated with coronary endothelial dysfunction and myocardial perfusion abnormalities [15]. Several clinical trials have demonstrated that statin therapy is effective for both the primary and secondary prevention of coronary artery diseases. It is well established that statins exert cardioprotective benefits by mechanisms independent of their serum lipid lowering effects that appear to be caused by improved endothelial function and NO synthesis. Therefore, it has been reported that statins can have both pro- and anti-angiogenic activities. It appears that low doses induce pro-angiogenic effects through Akt activation, which leads to eNOS phosphorylation and NO production [16]. Boodhwani et al. have shown that atorvastatin at higher doses improves coronary endothelial dysfunction in hypercholesterolemic animals without improving angiogenic response [17]. Statins have also been shown to have dose-dependent effects on VEGF expression [18]. The upregulation of eNOS-NO system by statin, has been proposed as a mechanism underlying how statins protect ischemic–reperfused myocardium [5,19]. Despite several developments of novel approaches to cholesterol reduction, statin therapy remains the mainstream of cholesterol-lowering therapy. Therefore, in literature both resveratrol and statin demonstrated cardioprotection through nitric oxide mechanism. However, recently we found that resveratrol, a polyphenolic compound present in red wine, along with lipid lowering property possesses several other additional properties. It significantly induces myocardial angiogenesis in a rat MI model through Trx-1, NO/HO-1 and VEGF mechanism [12]. Resveratrol is a fat-soluble compound that occurs in a trans and a cis configuration. Resveratrol has been found to inhibit the proliferation of vascular smooth muscle cells in culture [20]. The proliferation of vascular smooth muscle cells plays an important role in the progression of atherosclerosis [21]. In our previous study [12] resveratrol-mediated induction of Trx-1 shows sequential activation and expression of HO-1 as well as pro-angiogenic factor and cardioprotective molecule, VEGF in both in vitro and in vivo models. We have shown that adjunctive treatment with SnPP, inhibitor of HO-1 enzyme activity significantly reduces all the VEGF-induced angiogenic activities of resveratrol and Trx-1 in vitro and in vivo. In the present study however combination therapy was found to be very effective for HC myocardium compared to the statin therapy alone. The extent of Akt and eNOS phosphorylation was more drastic in the combination group than either statin or resveratrol alone. The fact that significant decrease in the extent of cardiomyocyte apoptosis was observed in the combination group compared to all other groups suggests that activation of Akt and eNOS plays a crucial role in acute cardioprotection against ischemia/reperfusion injury. It has been demonstrated that activation of Akt induces phosphorylation and inhibition of GSK-3β, which inhibits mitochondrial permeability transition pore opening, a primary step for apoptotic and necrotic cell death [22]. On the other hand, activation of eNOS generates NO and activates mitochondrial KATP channels in a cGMP-dependent manner, leading to acute cardioprotection [23]. Again, the following study suggests possible involvement of increased β-catenin translocation followed by VEGF expression in the resveratrol and combination groups after myocardial infarction which might be one of the positive effect of β-catenin and its angiogenic property that leads to chronic cardioprotection. From the literature β-catenin is found to be a critical mediator during development and angiogenesis [24], which is phosphorylated in a cytosolic multiprotein complex containing adenomatous polyposis coli protein (APC), Axin and GSK-3β [24–27]. When phosphorylation of β-catenin is blocked, this allows β-catenin to accumulate and translocate into nucleus, where it forms a complex with T cell transcription factors/lymphoid enhancer binding factor (1) (Lef1) family of transcription factors and is able to activate or repress several important target genes, such as c-Myc, cyclin D1, fibronectin, VEGF, Bcl-2 and survivin [28–31]. VEGF expression was found to be increased in HC (1.15-fold), HCR (1.86-fold), HCS (1.3-fold), HCRS (1.3-fold) compared to control.}

![Graph representing real-time qPCR analysis for VEGF mRNA between the comparative groups.](image)

**Fig. 6.** Graph represents real-time qPCR analysis for VEGF mRNA between the comparative groups. *P<0.05 compared to control, †P<0.05 compared to hypercholesterol group, *P<0.05 compared to HCRS group.

![Bar graph showing capillary density analysis.](image)

**Fig. 7.** Effect of resveratrol and statin on capillary density. Quantitative analysis of capillary density in the peri-infarct area 7 days after myocardial infarction. Results are expressed as mean±SD. error of six hearts per group. *P<0.05 compared to control, †P<0.05 compared to hypercholesterol group, ‡P<0.05 compared to HCRS group.
fold), HCRS (1.5-fold) when compared to control group. In this study again, the extent of angiogenesis measured by CD31 staining also validated strong angiogenic response of resveratrol compared to any other treatment groups. However, increase in capillary density in HC might be a compensatory response aimed at sustaining myocardial perfusion. The ability of resveratrol and statin treatments alone or in combination improve both myocardial microvascular architecture and function. Therefore, enhanced neo-vascularization in the infarcted myocardium induced by statin and resveratrol seems to mediate chronic cardioprotection against ventricular remodeling. Furthermore, the effect of resveratrol as well as statin may be dose-dependent, because both have biphasic effects on angiogenesis. The dose used for statin (1 mg/kg bw) in our experiments more or less is found to be non-angiogenic where as the dose used for resveratrol is angiogenic. The abovementioned molecular adaptations may have influence also the growth of resident cardiac progenitor cells and amplify myocytes most importantly its proliferation which might have contributed in the reduction of infarct size in the treatment groups. However, this area of work is under investigation and most probably more new mechanisms will help us to explain the phenomena with which we are actively involved at present.

Therefore, our results clearly demonstrated for the first time that statin in combination with resveratrol may be more effective or beneficial during the ischemic scenario than statin alone.

Further biochemical and pharmacological investigations are in progress in our laboratory to elucidate in detail the mechanism of action of single and or combination therapy in ischemic myocardium.

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